

2007 Section 5A Girls at St. John's University, Collegeville on May 31st

Teams: (1) Watertown-Mayer 61 (2) St. Cloud Cathedral 58 (3) Glencoe-Silver Lake 48 (4) tie, Paynesville and Litchfield, each 44 (6) Holdingford 37 (8) Melrose 36 (9) tie, Albany and Belgrade-Broten-Elrosa, each 33 (11) Annandale 32.5 (12) Mayer Lutheran 28 (13) Foley 26.5 (14) Delano 26 (15) tie, Howard Lake-Waverly/Winsted and Eden Valley-Watkins/Kimball, each 23 (17) Maple Lake 19 (18) St. John's Prep 16 (19) tie, Milaca, Atwater-Cosmos-Grove City, Onamia/Isle, all 15 (22) tie, Ogilvie and Rockford, each 8 (24) tie, Crosby-Ironton, Zimmerman and Norwood Young America, all 5 (27) Royalton 1

100 hurdles: (1) Danielle Sowada, Hol, 16.62 (2) Megan Lambertson, Lit, 16.74 (3) Ashley Lensing, BBE, 16.96, ... (7) Tiffany Loidolt, Prz 17.84 (8) Kaari Jensen, Prz 21.64

300 lows: (1) Jessie Becker, EVWK, 46.80 (2) Jennie Noreen, Alb, 46.81 ... (5) Kaari Jensen, Prz 48.38, ... (7) Heidi Lensing, BBE, 49.04

100: (1) Megan Geyen, WM, 12.66 (2) Lauren Stigsell, WM, 13.03

200: (1) Megan Geyen, WM, 25.92 (2) Amy Hellickson, Mel, 27.25 ... (5) Kaari Jensen, Prz 27.67

400: (1) Amy Hellickson, Mel, 1:00.53 (2) Erin Northenscald, ML, 1:00.98 ... (5) Brianna Jaeger, Pay, 1:02.54 (6) Kaitlyn Frenchick, Pay, 1:02.76

800: (1) Jolene Smith, HLWW, 2:21.30 (2) Alexandra Fisher, Rock, 2:24.75

1600: (1) Linda Keller, Pay, 5:09.68 (2) Marissa Janning, WM, 5:14.08

3200: (1) Caty Delwiche, GSL, 11:28.31 (2) Marissa Janning, WM, 11:46.14

4 x 100: (1) Watertown-Mayer 50.79 ... 4 x 200: (1) Glencoe-Silver Lake 1:47.30 ... (5) Litchfield 1:51.74

4 x 400: (1) Paynesville: Linda Keller, Brianna Jaeger, Andrea Schlangen, Kaitlyn Frenchick; 4:10.34

4 x 800: (1) Paynesville: Kacy Nehowig, Andrea Schlangen, Kaitlyn Frenchick, Linda Keller; 9:46.40, ... (8) C-I

Shot put: (1) Vicki Harren, Mel, 40-11½ (2) Tawney Breeden, Ogl, 36-0 ... (3) Abby Goraczkowski, Lit, 35-11¼, ... (8) Nicole Kozlowski, C-I 33-8

Discus: (1) Emily Davis, Lit, 127-6 (2) Kjersten Karlsgodt, ACGC, 126-3 (3) Vicki Harren, Melr 123-3 (4) Theresa Galvan, ACGC, 117-9, ... (6)) Nicole Kozlowski, C-I 112-3 (7) Liberty Slinden, ACGC, 105-11 (8) Randi Schaefer, Pay, 104-4

Long: (1) Heidi Lensing, BBE, 17-0 (2) Kaari Jensen, Prz, 16-9¾ (3) Nicole Berscheid, Hold 16-9 1/2 (4) Brianna Barrett, Ann 16-8 1/2

Triple: (1) Nicole Berscheid, Hol, 35-3 (2) Rochelle Langer, Prz, 33-10¾ ... (3) Megan Lambertson, Lit, 33-6½

High: (1) Kayla Kapsner, Prz, 5-4 (2) Megan Lambertson, Lit, 5-3 ... (3) Ashley Lensing, BBE, 5-2 (8) Heidi Lensing, BBE, 4-10

Pole vault: (1) Kelly Nelson, Mil, 10-2 (2) Ashley Lensing, BBE, 9-8 ... (3) Kacy Nehowig, Pay, 9-8 (7) Kelly Clausen, Lit, 8-8